


Certificates of Appreciation from Allora Community Circle

The young people of Allora played a large part in volunteering in their community at the Allora Autumn Festival's Dinner on Drayton, Allora's Great Gourmet BBQ and other festival activities. The Allora Community Circle appreciates their support and look forward to working with them again next year.

BELOW: Amy Harrison, Anna Morris, Siobahn McEvoy, Shae Erhardt, Jessica Chisnell, Miles, William and Grant Kawano. (Absent - Dawson Doepel, Matthew Higgins, Bridie Shooter, Cassie Henry, Vanessa Bryson and Katelyn Caldwell).

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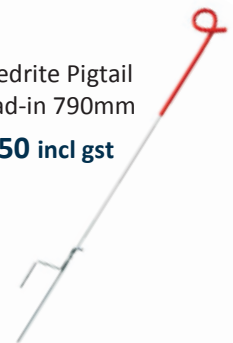
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Letters to the Editor...

Dear Editor,

R U OK and Southern Downs Suicide Prevention Group will be in Allora at the R.S.L. Hall on Tuesday 19th July 2016, starting at 9am.

We will Meet and Greet and then go on a short walk (for those able), on the golf course, followed by relaxation exercises by Kara from headspace.

At around 10am, there will be a welcome by Sophia from headspace, then Welcome to Country by Darryl Charles, followed by a healing dance by aboriginal dancer Sharman Parsons.

Johno from Southern Downs Suicide Prevention and Sophia from headspace will give a short talk on suicide prevention, including signs to look for and how you can help someone at risk.

This will be followed by lighting of candles for loved ones with ministers on hand and Carol Galea will give her personal story. Anyone else who would like to talk is welcome to.

The event will conclude with morning tea and music by Mixed Generations and the Rhialinghana Group.

This is a free event and anyone is welcome to come.

Southern Downs Suicide Prevention Group

Dear Editor,

At the recent successful Allora Autumn Festival, the Allora Community Circle hosted Dinner on Drayton. The silent auction at this function raised \$1000.00 for RUOK? & in turn the Southern Downs Suicide Prevention Group, Headspace & RUOK? are providing Allora community with the opportunity to benefit from their workshop on what to do if you feel someone you know is at risk of suicide & how do you respond or support those who have lost significant people in their lives. We encourage you to attend the workshop on Tuesday 19th July at 9.00am at the R.S.L. Hall.

Allora Community Circle

Dear Editor,

Over 3 million Australians are living with chronic pain every day, an often overwhelming condition that can have a negative impact on all aspects of a person's life. Mood, relationships, ability to work and general enjoyment of life can all be seriously impacted by chronic pain. In a double blow, the experiences of people with chronic pain are often discounted or minimised simply because it can't be seen by others – what we call 'the invisible challenge'.

In reality, chronic pain is arguably the fastest growing medical condition in Australia and affects people of all ages, a fact our Ambassador, cricketer legend Michael Clarke, knows all too well. He's been living with chronic pain since he was just 17 years old, and is encouraging people to seek the help they need.

"Seeking help has changed my life and allowed me to achieve everything I have through my career. It is all about learning as

SUDOKU

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Solution in classifieds section

much as you can to manage the pain as effectively as you possibly can," Michael Clarke said.

Apart from the impact on individuals and families, chronic pain is also estimated to cost our economy at least \$34 billion each year.

July 25 – 31 is National Pain Week, a week dedicated to raising awareness of the impact of chronic pain on the lives of Australians. Our aim is to reduce the unnecessary suffering and isolation caused by chronic pain in our communities, and change the culture that surrounds people living with chronic pain.

We encourage your readers who experience chronic pain, or know someone who does, to visit www.nationalpainweek.org.au for information and resources.

As Michael Clarke says, learning to manage chronic pain can be life-changing.

Yours sincerely,


Dr Coralie Wales, President

Chronic Pain Australia – National Pain Week 2016

Letters to the Editor must have name and address for authentication, but upon request there will be consideration to withhold names. Publishing or editing of letters is at the editor's discretion.

It's OK to grieve.

If you or someone you know has been affected by suicide, talk to The Salvation Army HOPELINE, a 24 hour telephone counselling service for those left behind by suicide. 1300 HOPELINE (1300 467 354)



WEATHER FORECAST

Day	Forecast	Min/Max
THU	Mostly Sunny. Cold.	6 15
FRI	High Level Clouds. Cold.	4 15
SAT	Scattered Clouds. Cold.	6 16
SUN	Scattered Clouds. Cool.	12 18
MON	Mostly Sunny. Cool.	10 20
TUE	Sunny. Cool.	9 21

New Days for Girls Recruits

Blue Care Cooina will become active members of Days for Girls in August. They visited our Packing Day on the 23rd June. The boys helped with packing, carrying and collecting packaging to take to Endeavor for recycling. Russell and Judy threaded bags. The group left with several cakes and a bag of lollies. They were very excited and cordially invited us to visit them in August when they will make us a cup of tea!

Thanks for coming to visit. We are looking forward to seeing you in August.



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Left to Right - Ken McCafferty, Judy Maher, Christine Stacy, Zac Mickan, Julie Ann Brooks, front - Russell Wiseman.

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- Primo Cocktail & Thin Frankfurts **\$4.99 kg**
- Pre-Packed Washed Potatoes 2kg **2 for \$5.00**
- Mars Fun Size Sharepacks 144g-216g..... **HALF PRICE \$2.29**
- Arnott's Tim Tam or Mint Slice Value Pack 330g/337g **HALF PRICE \$2.09**
- Sorbent Toilet Tissue 16pk **HALF PRICE \$6.49**
- Global Southern Blue Whiting 1kg **\$8.99**
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- Danish Fetta **\$8.99 kg**
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- Ready Chef Beef Lasagne 2kg **\$10.99**
- Gravox Gravy Powder 425g **\$4.00**
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- Fresh Cherries..... **\$14.99 kg**
- Fresh Kale Bunches..... **2 for \$5.00**
- Lipton Tea Flavour Chai, Caramel or Vanilla 8 sachets 185g..... **\$5.00**
- Tip Top Café Style Raisin, Breakfast Toast or Brioche Fruit Bread 500g/650g..... **\$3.50**
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Looking Back...
Allora's past 25 years ago July 1991
Allora Man Honoured
 Allora Rotary Club member, Lex Ellwood, last Monday night was accorded the honour of being made a Paul Harris Fellow in recognition of his outstanding contribution to the Allora Rotary Club and the town and district of Allora. The Fellowship is the first ever presented by the Allora Rotary Club. It is the highest single honour an individual club can bestow on a member.
 Lex was a charter member of the Allora Club which was formed in 1966 and was Charter President. He was installed again last Monday night as the Club's new president for 1991-1992 (The Allora Club's 25th Anniversary Year). He has always been an enthusiastic member of the Allora Club, holding most of the executive positions and along with his wife, Olive, has been actively involved in Rotary Exchange projects and the many other activities of the club.
 Lex was presented with his Paul Harris Fellowship by Past District Governor, Chas Clarke, at the Changeover Dinner held at Allora last Monday night.



Charles and Mary Downes and four of their five children.

Allora's Past 50 years ago July 1966
FISHERMEN ... PLEASE NOTE
 All Fishermen interested in forming a Club are requested to attend a meeting to be held at Cunnington's Cafe, on Wednesday, 27th July, at 7.30 p.m. President and Secretary of Warwick Fishing Club will be in attendance.
 L. Lancaster, Organiser.
Allora's Past 75 years ago July 1941

Flynn of the Inland
 A large congregation attended the Allora Presbyterian Church on Sunday afternoon on the occasion of the visit of the Moderator General of the Presbyterian Church of Australia (Right Rev. Dr. John Flynn) and Mrs. Flynn. The visitors were welcomed by the Rev. A. Haddon on behalf of the congregation and the people

of Allora. Mrs. Flynn spoke to the children in the gathering, telling them of the work of the Australian Inland Mission. Dr. Flynn then gave an interesting address touching on the history and the various aspects of the work of the A.I.M. After the service the visitors were entertained at afternoon tea in the Manse and later left for Toowoomba.

Allora's Past 100 years ago July 1916
Obituary
 The death occurred at the residence of her daughter, Mrs. Charles Downes, of South Street, Toowoomba, of Mrs. S. Richardson, wife of Mr. Samuel Richardson. The deceased, who was

aged 80 years, landed in Queensland in 1864, and spent nearly all of the subsequent period on the Downs, including a residence for some 25 years in Allora. Her husband is an old Crimean veteran, and has survived his partner in life, being now aged 86 years. Mrs. Richardson leaves an only daughter, five grand-children and eleven great grand-children. Her last illness, which was a severe one, lasted for about a month. (The Richardson grand-children were Mrs. George Ingle, Mrs. Mark Tickle, Mrs. Sam Munsie and Harry and Frank Downes who both served in WWI).

Colin Newport



The next Saxy Lady Concert will feature Ginette Durieux on the violin.

Concert from The Saxy Lady
 The Saxy Lady, Lynette Gordon-Smith will be presenting a concert at St David's Anglican Church Hall, Allora, on Saturday 16th July 2016. Entry is \$12.00.
 The day will start with morning tea at 10.30 am it will be a time to socialise and meet the artists who will be providing the musical programme. The concert will commence at 11.00 am and lunch will be provided. The concert will conclude at 3.30 pm.
 On the third Saturday of every month there will be a concert showcasing a diverse group of entertainers. Featuring in the next concert will be Lynette Gordon-Smith playing her Saxophone with Ginette Durieux on the violin and various local Artists.
 Up to ten artists will have the opportunity to present their musical talent in a competitive section where the audience will be the judge by using tokens.
 Come and find out what projects the Saxy Lady is supporting for 2016. Looking forward to your company. For those needing more information ring Chris or Lynette on 0403 216 426.

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MY SDRC App promo winners are gridders

Two lucky Southern Downs' residents met with Mayor, Tracy Dobie, to claim prizes in the latest MY SDRC App promotion for the months of April and May.

The Mayor congratulated both entrants and presented them with their prizes of a compost bin and worm farm.

"It was a pleasure to meet Scott, Cara and her daughter Esther and present these prizes to them," said the Mayor.

Scott McMahon downloaded the App in April because he thought it would be a useful tool to access local information.

"I downloaded it to keep up to date," he said.

Cara Hall also downloaded the App in April but as she was not selected as the April winner, she stayed in the running to walk away with May's prize.

Cara said she thought the MY SDRC App was a great way to notify Council of issues within the community, as people often comment to her about local issues that require Council attention.

"I think the MY SDRC App will be really useful and it's easy to use. It's very handy, and it allows people to submit requests on the go and let others get on with the job."

Like Scott, Cara also said she downloaded the App to stay up to date with local information.

"I want to know what's on around the Stanthorpe area, and I've already used it to look up some of the councillors and to see what's happening around the region," she said.

The MY SDRC App is a one stop shop that provides residents with quick and easy access to the latest Council news and news about what is happening in our region. It also offers a 'Fix it' page to report an issue to Council, an Alerts page which can provide information in the event of a local disaster, and provides the ability to contact Councillors at a simple touch.

The current MY SDRC App promotion runs until December with prizes to be won each month that support sustainable living.

"If you haven't yet downloaded the free MY SDRC App, I recommend you do so, and you could get lucky and nab yourself one of these great prizes," Cr Dobie said.

To be in the running for a prize, simply download the MY SDRC App and submit a request selecting the category type "MY SDRC APP Promo 2-2016". Be sure to include your name and contact details.

The MY SDRC App is available for both Android and Apple users and is free from the Play Store and App Store. Simply search for MY SDRC and install.



The Mayor presents MYSDRC App, May winner Cara Hall and daughter Esther Hall from Stanthorpe, with a worm farm.

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Council gets green light for roll out of cycle network plans

Southern Downs Regional Council has welcomed news that it has been successful in securing funding under the Queensland Government's Cycle Network Local Government Grants program to establish and develop cycle network routes in and around the Stanthorpe and Warwick central business districts. Southern Downs Regional Council's Planning and Engineering officers worked with the Department of Transport and Main Roads (DTMR) to develop a Principal Cycle Network Plan (PCNP) for both Stanthorpe and Warwick and were notified last month that the applications to the Cycle Network Local Government Grants program had been approved for \$38,000 in funding, with Council to contribute \$43,000 to the projects. The PCNP is a coordinated program whereby DTMR works with regional councils to develop cycle networks that will encourage more daily cycling trips by connecting origin and destination points. The plan uses both State and Local Government controlled roads to build safe, direct and connected cycle paths.

Southern Downs Mayor, Cr Tracy Dobie congratulated staff on another successful bid for grant funding.

"This is a great outcome. The funding will enable Council to establish and signpost cycle lanes, informing road users of the presence of cyclists.

"Securing funding from the State Government to help improve infrastructure within our region is a fantastic start to the new financial year.

"It means we can continue to develop our region without it being at full cost to ratepayers," she said.

Cr Dobie also believes the cycle network will help to promote the Southern Downs region and potentially attract more visitors and residents to the region.

"Cycling is certainly a growing sport and recreational pastime in our community both in terms of interest from local cyclists, and the number of cycling events that are occurring in our region such as 'That Dam Ride', and the recent Brisbane Camperland Queensland Road Team Series event.

"The cycle network plan aligns with our community plan, and

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offers another opportunity to promote a healthy, more active lifestyle here in the Southern Downs and that is a great drawcard for tourists and residents to the region," she said. Director of Engineering Services, Mr Peter See, said there are a number of environmental and economic benefits to the cycle network.

"If we make the roads safer for cyclists, we will see more cyclists on the roads and more cyclists effectively means less cars and trucks out there.

"This obviously helps to reduce carbon emissions and is a good thing environmentally, but it also means that if we have less vehicles on our roads we have less road damage and consequently less road maintenance," he said.

In consultation with DTMR, Council's planning and engineering staff investigated a number of potential routes that followed DTMR's roads to and from the central business districts in Stanthorpe and Warwick.

The routes were analysed using data based on safety, demand and connectivity and moderated to incorporate local knowledge, priorities and cost effectiveness. After physically being cycled, to test user experience and vehicle encounters, a shortlist of



Darling Downs Hospital and Health Service acting Executive Director Workforce and Infrastructure Paul Clayton presents a NAIDOC award to Warwick Hospital's Janet Reid.

proposed cycle networks was developed for Stanthorpe and Warwick.

The Mayor highlighted that the locations chosen are pathways to connect residents to and from schools, shops, sporting and recreational centres.

"Improved infrastructure and greater choices in transport is what our community needs, and the implementation of these cycle networks in Stanthorpe and Warwick is another positive step in that direction," Cr Dobie said.

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AUSTRALIAN NATIONAL COUNCIL ON DRUGS

Hospital staff members recognised for their work during NAIDOC week

Three staff members from Warwick Hospital have been recognised during NAIDOC week for their commitment to improving health outcomes for local Aboriginal and Torres Strait Islander communities.

Nurse unit manager for the hospital's Emergency Department and Community Health, Janet Reid, received the Darling Downs Hospital and Health Service's Recognition of Excellence to Service delivered to Aboriginal and Torres Strait Islander Community award.

Warwick Hospital Director of Nursing Anita Bolton said Ms Reid went above and beyond in her work to improve the health care

outcomes for the local community.

"Janet oversees the provision of care to Indigenous members of the Warwick community by improving their access to services," Ms Bolton said.

"As the nurse unit manager for emergency, Janet ensures that the care meets the needs of her clients and is flexible in her approach to this work.

"She also acts as a leader to other staff members, ensuring that the care provided is culturally sensitive and that there are linkages made with Indigenous health workers at the hospital, if needed."

Other staff who were recognised with certificates of achievement were clinical nurse Megan Mackie and Hanlon Ward nurse unit manager Robyn Cameron for their work as part of the DDHHS's annual Tackle Flu Before It Tackles You program.

The award and certificates were presented at Warwick Hospital as part of the facility's NAIDOC week celebrations which were held in conjunction with Carbal Medical Centre.

New bridges smooth the way for safer travel in the Southern Downs

Two major Southern Downs' bridge replacement projects were completed last week, with the new Bellinghams Road and Mullins Road bridges now open and accessible to residents and road users.

Last year Council was successful in its bid for funding from the Queensland Government's 'Royalties for Regions' program, receiving \$2.64 million, on a 75:25 basis for four bridge replacement projects with a total estimated cost of \$3.52 million.

Southern Downs Regional Council's Mayor, Cr Tracy Dobie was very pleased to see these projects finalised.

"Council has a number of old timber bridges within our road network and staff have worked hard to prepare submissions for funding of new bridges or bridge repairs.

"Receipt of the Royalties for Regions program funding was definitely a coup and has contributed towards the replacement of two old timber bridges in our region; Bellinghams Road Bridge and Mullins Road Bridge, which were previously load-limited, with new and improved concrete structures, along with a further two currently under construction," she said.

Mayor Dobie highlighted that the new bridges would provide a range of positive outcomes including increased driver safety and freight efficiencies for movement of local produce and access by farm machinery; and environmental improvements to the creek areas and floodways.

"For the residents and surrounding communities in the vicinity, these new concrete bridges will make a huge difference to people's daily lives.

"Both bridges are important transport links for not only residents, but farmers and producers, and local businesses.

"The upgrades will improve both the road network and safety of road users, and allow better access to these communities for emergency services," added the Mayor.

Southern Downs Director Engineering Services, Mr Peter See said Council had engaged Ozwide Bridge Rail and Civil Pty Ltd in January 2016 to undertake the design and construction of the two replacement bridges along with the associated road approaches and civil works and the demolition of the existing timber bridges.

"The newly completed Bellinghams Road and Mullins Road bridges are both single span, two lane concrete bridges.

"All bridge and road works for both projects were completed within the timeframes and within budget, at an estimated cost of \$667,000 for Bellinghams Road Bridge and \$605,000 for the Mullins Road Bridge.

"Ozwide has done a great job bringing these projects in on time and on budget, and with a quality finish" he said.

The former bridges were single span, single lane timber

bridges and structural condition surveys had identified that both bridges were no longer suitable for traffic.

The old Bellinghams Road Bridge, which crosses the Condamine River on Bellinghams Road (Elbow Valley), operated under a load restriction of 5 tonne, and the former timber Mullins Road Bridge, which crosses Campbell Gully on Mullins Road (Womina), had been closed to traffic, with a road operating through a side track adjacent to the bridge.

Construction is continuing on the Sandy Creek Road and Tummalville Road bridge upgrades, and both projects are expected to be completed later this month.

The replacement of the Bellinghams Road and Mullins Road bridges has been made possible through funding from the Queensland Government's 'Royalties for the Regions' program.



Bellinghams Road Bridge.

A BAD CASE OF 'HEALTH APATHY' Australians urged to take control of their own health

Research recently released has revealed that an 'it won't happen to me' attitude is threatening the long-term wellbeing of those with a family history of conditions such as diabetes and chronic kidney disease.

Findings from the Amcal Consumer Health Barometer showed that almost four in 10 (39%) of those with a family history of serious illness refused to get tested with a fear of hearing the results named as a significant deterrent to health checks.

Perhaps more worryingly, an alarming number of Aussies choose not to visit their GP due to cost, inconvenience and a belief that they simply will not get ill.

Despite one person every five minutes being diagnosed with diabetes and close to a quarter (24%) of Australians having a genetic predisposition, the research indicated that a high number of Aussies have little – if any - idea about why the condition occurs and how to recognise the symptoms.

Half of the population had not heard of gestational diabetes – a subset of type 2 diabetes which affects thousands of pregnant women each year and generally disappears after the baby is born. Furthermore, an alarming one in ten people assumed you must be overweight or obese to develop the condition.

Additional findings suggest that many Australians have experienced possible symptoms of diabetes including excessive thirst and urination (18%), blurred vision (19%) and leg cramps (39%). Worryingly, most did not investigate the cause with their GP or pharmacist.

With diabetes on the rise and the associated complications of the condition including kidney disease, sleep apnea, blindness and, in severe cases, loss of limbs, Dr. Cindy Pan said she was alarmed by the lack of awareness around the disease.

"Diabetes is the fastest growing chronic condition in Australia

and with 280 new cases of diabetes diagnosed each day, it is important that people know and understand both the risks and path to prevention," she said.

"If one of your parents has diabetes, that will double your risk and if both parents are affected, that could increase your risk six-fold.

"Gestational diabetes in pregnancy is also increasing and can lead to a greater risk of the mother developing type 2 diabetes in the future."

Dr Cindy Pan added that while type 1 diabetes cannot be prevented, Australians can help reduce their risk of type 2 and gestational through healthy eating and daily exercise.

"Given that it is a progressive disease, early warning signs such as increased thirst and urination, lethargy, weight changes and slow healing wounds should not be neglected, and ongoing management is required to prevent complications," she said.

With more than one in ten (12%) Australians admitting to ignoring early warning signs of illness and skipping regular GP check-ups due to cost and inconvenience, Amcal Senior Pharmacist James Nevile said that it was important to take proactive measures, rather than waiting for symptoms to worsen before seeking medical advice.

"It is concerning that people are dismissing symptoms of potential illness and only asking for expert help once a condition begins to affect their quality of life," he said.

"If you are at risk of diabetes, or suspect you might be, then it is recommended that you see a health professional to investigate possible symptoms and discuss diagnosis.

"As a first step, you may wish to have a blood test to screen for any obvious indicators that you might be at risk. This can be done by your GP or at an Amcal Pharmacy, and you may be referred to a specialist for further assessment."

Those concerned about chronic health conditions can consider a diabetes screening or kidney health check, both available exclusively at selected Amcal and Guardian Pharmacy stores nationwide for \$25.00 and \$14.99 respectively.

2016 EMPIRE THEATRES FOUNDATION YOUTH BURSARY APPLICATIONS EXTENDED

The Empire Theatres Foundation Youth Bursary application process has been extended until the 22 July.

More than \$20,000 in bursaries will be awarded to recipients chosen by the trustees, with the aim of assisting young artists who demonstrate current involvement and achievement in a performing arts discipline as they forge a career.

The 2015 Empire Theatre Foundation Youth Bursary recipients have engaged with a variety of creative arts institutions and their respective programs with the aid of the Youth Bursary including: The Queensland Theatre Company's Theatre Residency Week, The National Institute of Dramatic Arts, The Empire Theatres Youth Arts, The Conroy Dance Centre, The Victorian College of the Arts, Southern Cross Soloists, Expressions Dance Company, The Australian Youth Orchestra Young Symphonists and Queensland Ballet.

Empire Theatres Foundation Chairperson, Sheena Liley said the bursaries were a valuable resource for young people from the Darling Downs, with many who have utilised the funds to launch their careers in the performing arts as professional actors, fulltime musicians, dancers and technical professionals. The Empire Theatres Foundation provides funding for courses in a wide range of disciplines including dance, acting, instrumental music, singing, musical theatre and animation. Since 2010, bursaries have also been provided in more diverse fields such as jazz singing, composing and conducting, playmaking and rock school.

The Empire Theatres Foundation is proudly sponsored by Heritage Bank, Greenridge Group, Downlands College, MacDonald Law, Dornbusch Partners, Taylor's Removals, The Chronicle, Horizon Accounting Group and Think Office Technology.

BAD JOKE OF THE WEEK

Customer: This food tastes terrible. You told me that the meals here were just like the ones your mother used to make.

Waiter: They are. She couldn't cook either.



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Time running out to apply for top-line ag innovation summit

Agriculture's innovative young leaders should apply now to attend a three-day agricultural summit to be held from 21-23 September 2016 in Albury, NSW.

GrowAg – Cultivating Excellence in Ag for our Farming Future is a pre-eminent cross-industry forum, bringing together 100 key influencers to celebrate new technologies and ideas, smart business, leadership and innovation in agriculture.

Presented by the Australian Government Department of Agriculture and Water Resources and the Rural Research and Development Corporations, the summit features an outstanding line up of speakers and interactive sessions to showcase the latest research and technology shaping Australia's agricultural industries.

"GrowAg is an important forum to learn about new ideas and innovations, but importantly it will drive discussion around 'smart business', particularly how to practically adapt and adopt new technology and innovation into farm businesses" said John Harvey, Managing Director of the Rural Industries Research and Development Corporation (RIRDC).

"There are so many innovative farmers and farm businesses right across Australia and we want to hear from them, we want to recognise the role the younger generation is playing in pushing the boundaries on productive agriculture and leading industry change" he said.

Unique to this Summit, all participant travel, accommodation and conference involvement will be covered for selected applicants. If you are a farmer, banker, service provider or are involved in agribusiness and the supply chain aged 25 to 40, don't miss your chance to apply for this top-line event!

Applications close Wednesday 20 July 2016. Successful applicants will be announced in mid-August 2016. Applications can be submitted online at www.rirdc.gov.au/growag.

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TRL Round 16

Summary

Pittsworth 70 d. Oakey 14 - Pittsworth travelled to Oakey on Saturday night and a good crowd welcomed the top V bottom clash. Pittsworth, as expected won the match but the Bear's enthusiasm showed throughout the game. Danes

Kurtis Shayler scored a hat trick of tries whilst three other Pittsworth players scored doubles, Jeffrey Weber, Patrick McDonald and Brayden Wilson.

Pittsworth 70 (Kurtis Shayler 3, Jeffrey Weber 2, Patrick McDonald 2, Brayden Wilson 2, Daniel York, Mitchell Carpenter, Kabunare Kofe, Conor Derksen tries Jack Dempsey 3, Kurtis Shayler 3, Daniel York 3 goals) defeated Oakey 14 (Barry Mallyer, Dylan Adamson, Jason Lucas tries Dylan Adamson goal) Reserve Grade: Pittsworth 72 d. Oakey 8

Gatton 42 d. Brothers 6 - Gatton sent a message to the rest of the competition with a faultless display at Cahill Park sporting complex on Saturday night. It was Gatton's best performance of the year. They simply out enthused their opposition with a brutal display. The Hawks slipped away to a 12-0 after ten minutes curiosity of tries to Dennis Burgoyne and Cory Mullins who were two of Gatton's best. They stretched their lead to 16-0 until Michael Cochrane scored to keep Brothers in the game at half time.

It was just after half time when the Hawks tied up the match. Michael Frohloff scored the try of the game when Alex Ambia, Robbie Fletcher and Allan Morris all combined for Frohloff to finish a great team try. Brothers had no answer and were outplayed all night. Michael Witt and Matthew Rose tried hard to ignite their side but to no avail.

Tries to Hawks Alex Groves and Francis Han sealed a comprehensive win for the Lockyer Valley side.

Gatton 42 (Dennis Burgoyne, Cory Mullins, Josh Belz, Michael Frohloff, Allan Morris, Alex Groves, Francis Han, tries Callum Woolacott 7 goals) V Brothers 12 (Michael Cochrane, Michael Tuite tries Michael Witt 2 goals)

Reserve Grade: Gatton 38 d. Oakey 10

Under 18: Brothers 40 d. Gatton 28. South Burnett Blue 66 d. South Burnett White 18

2nd Division: Gatton 28 d. Brothers 10

Souths 36 d. Dalby 20 - Early premiership favourites travelled to Dalby to reignite their season. Souths would go into the game with everything to lose but they stood and were counted



Toowoomba Toyota Reserve Player of the Round Jerome Waters with Souths Coaching Director Len Currie.

on the day. They went back to what they do well and that is speed. Corey Blades and Aaron Hooper both scored hat tricks in a clinical display.

Dalby coach Kerry Carmichael even admitted it was good to watch Hooper and Blades. They were the difference in the 36-20. Corey Blades scored two early tries then the game settled down until half time came when Aaron Hooper too an intercept to score right on the buzzer. Then in the first minute of the second half, Blades scored his third try to put Souths in front 22-0. That was basically the game. The diehards showed some fight to make the score respectable but Aaron Hooper scored two more tries for the Tigers. Hooper and Blades seemed to always keep the game at arm's length of Dalby. Luke Nolan won the Hutchies player of the round. He played well in the absence of Brendan Hall and took on a more leadership role and it paid dividends.

Xavier Manley was Diehards best with strong games by the Taylor brothers.

Souths 36 (Corey Blades 3, Aaron Hooper 3, Conor Pyke tries

Luke Nolan 4 goals) defeated Dalby 16 (Xavier Manley, Kruse Turner, Zac Morris, Tom Boland tries Dylan Taylor 2 Goal)

Reserve Grade: Souths 32 d. Dalby 14

Under 18: Dalby 22 d. Souths 20

2nd Division: Souths 34 d. Dalby 10

Valleys 30 d. Goondiwindi 24 - Goondiwindi continued their sound form at home by giving Valleys a scare on Sunday. The Boars lead 18-10 at half time and 24-20 with 20 minutes remaining, but they could not hold Valleys surge in the second half. The Roosters end up winning 30-24.

Goondiwindi's centre Ryan North score a hat trick of tries with Ronnie David and Calvin Skinner playing well for the Boars.

Valleys on the other hand needed to dig deep to overcome the enthusiastic Boars outfit.

Valleys 30 (Dylan Chown, Gus Mati, Ben O'Connor, Tyren Nicholls, Hnaloan Budden, Johnson Viane tries Josh Hancock 3 goals) defeated Goondiwindi 24 (Ryan North 3, Brandon Sharpley tries Adam Tribe 5 goals)

Reserve Grade: Goondiwindi 28 drew with Valleys 28

Under 18: Valleys 68 d. Goondiwindi 0

Warwick 54 d. Wattles 4 -

Warwick cowboys again piled on the points in their local derby against Wattles on Sunday. Dan Watson amassed 24 points with two tries and 8 goals. In form centre Joe Fuimaono also scoring a double for the Cowboys. Wattles toiled hard and were without a number of their stars. In the end, Warwick were just too strong for their country cousins.

Warwick 54 (Dan Watson 2, Joe Fuimaono 2, Craig Donn, Brodie Quirk, Sam Broomhall, Ty Gardner Mick Bloomfield tries Dan Watson 8 Mick Bloomfield goals) defeated Wattles 4 (Joe Morris 2 goals)

Reserve Grade: Warwick 36 d. Wattles 18

Under 18: Warwick 42 d. Wattles 6

A Grade Ladder: Pittsworth 26, Warwick 24, Souths 21, Brothers 20, Highfields 19, Gatton 19, Dalby 10, Valleys 11, Wattles 8, Goondiwindi 2, Oakey 0

Reserve Grade Ladder: Gatton 26, Warwick 24, Pittsworth 22, Souths 22, Valleys 21, Highfields 12 Goondiwindi 11, Dalby 10, Brothers 7, Oakey 3, Wattles 2.

Under 18: Valleys 28, Burnett Blue 24, Pittsworth 22, Warwick 22, Dalby 18, Brothers 16, Souths 12, Highfields 12, Wattles 11, Goondiwindi 9, Burnett White 8, Border 4, Gatton 2.

2nd Division: Gatton 16, Souths 12, Pittsworth 10, Brothers 10, Valleys 8, Dalby 8, Warwick 2

MATCH TIMES - ROUND 2, WEEK 17.

SATURDAY 16 JULY

Pittsworth v Wattles - Pittsworth RLFC, Pittsworth: 2.00pm



Hutchies Player of the Round - Luke Nolan with Andrew O'Brien.

Under 18, 3.30pm Clydesdales, 5.00pm Reserve Grade, 6.30pm A Grade.

Souths v Gatton - Clive Berghofer Stadium, Toowoomba: 2.10pm 2nd Division - Presidents Cup, 3.30pm Under 18, 5.00pm Reserve Grade, 6.30pm A Grade

Valleys v South Burnett Blue - Herb Steinhort Oval, Toowoomba: 4.00pm Under 18

SUNDAY 17 JULY

Brothers v Oakey - Glenholme Park, Toowoomba: 11.30am Under 18 (Border v Sth Burnett White) To be confirmed, 1.00pm Reserve Grade, 2.30pm A Grade

Goondiwindi v Dalby - Gilbert Oval, Goondiwindi: 11.30am Under 18, 1.00pm Reserve Grade, 2.30pm A Grade

Warwick v Highfields - Father Ranger Oval, Warwick *Hutchies Match of the Day*: 11.30am Under 18, 1.00pm Reserve Grade, 2.30pm A Grade.

BYE - Under 18 Brothers - All other Grades - Valleys

?? CSIRO Double Helix Quiz ??

1. True or false? Krypton is a chemical element.
2. Where would you find the dwarf planet Makemake? a) in the Kuiper belt, b) between Mercury and Venus, or c) near Alpha Centauri.
3. What is the largest carnivorous marsupial in Australia?
4. What do you call a rock that originally came from space? Is it a) a meteor, b) a meteorite or c) a meteoroid?
5. Where is the Five hundred metre Aperture Spherical Telescope (FAST) currently being built?

Answers in Classifieds pages

Originally published in Science by Email. For more CSIRO Double Helix science visit www.csiro.au/helix or call 02 6276 6643.

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Irresistible attraction to Camellia Show

This is the weekend Australian garden lovers have been waiting for.

It's the Toowoomba Camellia Show and Garden Expo and gates open at 9.00am on Saturday, 16 July at TAFE Horticultural Centre in Campbell Street.

The event continues through until 4.00pm on Sunday, 17 July and also includes June and Peter Fearon magnificent winter garden at 1 Mable Street, Mt Lofty (the very northern end of Stuart Street).

On Tuesday earlier this week Queensland's best kept secret was made public – the official Queensland release of this year's show camellia.

The "Irresistible" camellia was unveiled at Coroneos Nursery, 84 Anzac Avenue, Newtown and is now on sale to the public for just \$25 with a large portion of the proceeds going to the Toowoomba Hospice.

Committee member Mike Wells described Irresistible as "simply irresistible" and urged camellia lovers "to get in very early before it sells out."

"This magnificent bloom was bred by internationally respected Paradise Seeds. It is a stunning sasanqua camellia and will be perfectly suited to Toowoomba's cool climate."

Irresistible will be one of one hundred things to see and do at the weekend's Event. It will be centrepiece on a packed program which also features celebrity speakers Jerry Coleby-Williams (ABC's Gardening Australia), Claire Bickle (Gardening for the Good Life) and Brian Sams (Wattletree Horticulture).

There is an extensive exhibition area with everything imaginable in trees, shrubs, flowers, garden care and garden concepts. Nostalgia devotees will delight at "those magnificent men and women in their shiny machines" with eagerly awaited visits from the Mini Owners' Car Club of Toowoomba and the Darling Downs Veteran and Vintage Car Club.

TAFE Horticultural Centre will come alive with the sound of beautiful music from Toowoomba Choral Society, Toowoomba Vocal Ensemble, After Five Vocal Ensemble, Left Field Quartet and singer/guitarist Angus Watson.

And there will be a roving, "living library" of experts to answer questions about camellias and all things gardening, demonstrations, plus food and drinks.

Committee member Greg Johnson said, "Based on this weekend's weather Spring is bursting out early, in Winter."

"The weather is simply gorgeous and light, recent rains have freshened up gardens beautifully. In fact, to celebrate, I might even dust of my famous, or infamous, floral jackets for the occasion."

2016 Toowoomba Camellia Show & Garden Expo
Saturday & Sunday, 16 & 17 July
9am to 4pm
\$5 entry

TAFE Horticultural Centre, Toowoomba (enter via Campbell St) - **FREE parking**

• Inspirational Speakers • Visit our Winter Garden – 1 Mabel St, Mount Lofty • Camellia Blooms: Joan Falvey Camellia Hall • Camellia Competitions • Camellias and Other Winter Plants for Sale
 • Large range of Gardening Tools • Toowoomba Hospice Craft and Baked Goods Stall • Great Entertainment • Multi-Draw Raffle • Wilsonton Lions Club BBQ Stall • Local Minis and Veteran and Vintage Car Club Displays • Living Libraries, Bridal display in the Camellia Hall, Traditional Japanese Tea Ceremony
 • Kate's Place Children's Area

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Salvos Launch 'Fashion with a Conscience' Campaign to Support

Salvos Stores is supporting National Op Shop Week with the launch of their new Fashion with a Conscience campaign. National Op Shop Week seeks to raise awareness of the importance of supporting op shops in our community and runs from Sunday 21st August - Saturday 27th August 2016.

Fashion with a Conscience encourages customers to Reuse, Recycle & Reinvent fashion by shopping at their local Salvos Store. Not only do Salvos Stores divert 15,000 tonnes of clothing and household items per year from landfill, but if every Australian recycled one T-shirt or a pair of jeans each year, we would recover billions of litres of water!

Salvos will be officially launching their Fashion with a Conscience campaign on day two of National Op Shop Week, with in-store events in various locations throughout NSW, QLD & ACT on Monday 22nd August from 9am. Participating stores will feature a Salvos Capsule Wardrobe display to inspire their savvy shoppers, with each wardrobe consisting of stylish outfits for all occasions for less than \$250 (for the entire wardrobe!).

Customers in each state will be able to vote for their favourite Salvos Capsule Wardrobe via the Salvos Stores Facebook page to win a \$500 gift card. On Monday 22nd August, all Salvos Stores in QLD, NSW and ACT will also be offering 50% off all pre-loved items, making it the perfect time for everyone to shop Fashion with a Conscience and create a whole new wardrobe for less whilst helping the environment.

Faye De Lanty, eco stylist, fashion commentator and Ambassador for Salvos Stores, says "Fashion with a Conscience is about being caring, mindful and thoughtful with your fashion dollar. Sourcing your wardrobe from a charity like Salvos Stores not only helps those less fortunate but our planet too. Fashion is one of the most wasteful industries in the world, that's why it's so important to reuse, reinvent and recycle our clothing as often as we can.

Do you really need that new top or another handbag? Stop and think, maybe you could op shop it and give the planet and those less fortunate some love instead. Never think that an op shop can't be current, fashionable or cool. Second hand can be seriously eco chic, you just need a little know how and a mindful heart."

Salvos Stores have been helping struggling families and individuals for 130 years, and have raised millions of dollars to support The Salvation Army. Pre-loved and recycled furniture, clothing and goods are donated to the stores and then sold at reasonable and fair prices. All profits from these sales go towards running vital Salvation Army programs which assist the less fortunate. Goods are also distributed free of charge to those in need through The Salvation Army's network of Community Service Centres. By donating to and shopping at Salvos Stores the community is recycling and reducing landfill. This is of great benefit to our environment.

By taking part in National Op Shop Week as well as shopping and donating at your community Salvos Store, you are supporting the mission and programs of The Salvation Army. Salvos Stores use all their proceeds to fund vital work in the community on a weekly basis.

For more information and how to support National Op Shop Week and Salvos Stores visit www.salvosstores.salvos.org.au or ring 13 SALVOS (13 72 58)

Central Downs JRL News

The June/July school holidays has witnessed some great quality football played at Millmerran and Lightning Ridge. Our 35kg team finished a very creditable 3rd out of the 9 teams competing, with 6 wins and 2 loses against the eventual carnival winner Wynnum Manly and the runner up McIntyre. The major award winners were Ethan Brose Best Back, Sam Gilmore Best Forward and Cameron Farrell the most Improved player, Ethan Brose, Ethan Facer, Byron Joppich and Sam Gilmore were also selected to play in the East team rep game at the conclusion of the carnival.

Our 43kg team travelled to Lightning Ridge and competed well during the week with some great efforts across the park, wins came against Wynnum and Cunnamulla and a nail biting draw against the Warwick colts team. The major awards were taken out by Lachlan Hearn Best Back, Liam McKinney Best Forward and Ashley Greentree the Most Improved player. Lachlan Hearn, Liam Ruhle, Michael Shingles and Eli McKinney were selected for the City rep team at the conclusion of the carnival. One of our valued supporters, they Ferny Grove Bears Old Boys Association once again donated medallions for each player and coaching staff plus a highly sought after trophy in the Ferny Grove Players Player award. This year players on both teams selected the player who they thought was instrumental in their success. The u35kg award winner was Ethan Brose while the u43kg winner was Lachlan Hearn.

We would sincerely like to thank our sponsors Ray Bunch Machinery, South East Engineering, JD Sporting Photography and Ferny Grove for their generosity and support.

Ian Brady

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Events Calendar

2016

- July -**
- Tue 19** **RUOK? Suicide Prevention Support Morning Tea**
 Allora R.S.L. Hall, 9.00am
- Fri 22** **BNW Accountants Allora Visit**
 Allora Advertiser office
- Sat 23** **Jazz & High Tea**
 Goomburra Town Hall, 2.00pm
- Sat 23** **Wattles vs Brothers**
 Platz Oval, Clifton
- Mon 25** **Chaplaincy Dinner - Christ-Mas in July**
 Allora State School Hall, 7.00pm
- Fri 29** **BNW Accountants Allora Visit**
 Allora Advertiser office
- Sat 30** **Allora Men's Shed Monthly Meeting - BBQ to follow**
 Men's Shed (old Fire Station), 10.30am
- August -**
- Fri 5** **BNW Accountants Allora Visit**
 Allora Advertiser office
- Sun 7** **Wattles vs Goondiwindi**
 Platz Oval, Clifton
- Fri 12** **BNW Accountants Allora Visit**
 Allora Advertiser office
- Fri 19** **BNW Accountants Allora Visit**
 Allora Advertiser office
- Sat 20** **Wattles vs Dalby**
 Platz Oval, Clifton
- Fri 26** **BNW Accountants Allora Visit**
 Allora Advertiser office
- September -**
- Sat 10** **R.S.L. 100th Centenary Community Luncheon**
 12.00 noon
- Sat 10** **Allora P-10 State School P&C Spring Fair**
 Allora P-10 State School grounds, 3.00pm
- October -**
- Sat 8** **Allora High Tea Fundraiser**
- Fri 14** **Wattles Banquet and Presentation Evening**
 Allora Community Hall
- Fri 14** **Annual Allora-Clifton Anglican Fete**
 Clifton, 4.30pm
- Fri 21** **St Patrick's Parish Fete**
 St Patrick's School & Church Grounds, 5.00pm
- Wed 26** **Wattles RLFC Annual General Meeting**
 Railway Hotel, 7.00pm
- November -**
- Sat 12** **Wattles Rodeo**
 Allora Showgrounds

IMPORTANT INFORMATION - Clients wishing to include their events in the Events Calendar, must book a display (boxed) colour advertisement for the event in The Allora Advertiser, sized AT LEAST 2 column x 4 cm. Clients will then automatically receive, as a bonus, a calendar entry. These entries will be in a 2 line format as above, starting in bold with date and event, followed by venue and time.
 If people wish to contact The Allora Advertiser and discuss their particular needs, please feel free to do so. Ph 4666 3128.

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THINGS THAT HAPPENED ON THIS DAY - 14th July

- | | | |
|--|--|---|
| 1789 - Bastille Day - French Revolution begins with the fall of Bastille. | 1927 - 1st commercial airplane flight in Hawaii. | 1987 - Taiwan ends 37 years of martial law. |
| 1845 - 1st postmasters' provisional stamps issued, NYC. | 1933 - Germany began mandatory sterilization of those with hereditary illness. | 1988 - WYHY radio offers \$1M to anyone who can prove Elvis is still alive. |
| 1850 - 1st public demonstration of ice made by refrigeration. | 1941 - 6,000 Lithuanian Jews are exterminated at Viszalsyan Camp. | 1992 - 386BSD is released by Lynne Jolitz and William Jolitz, starting the open source operating system revolution. Linus Torvalds release "Linux" soon afterwards. |
| 1853 - 1st US World's fair opens at New York's Crystal Palace. | 1946 - Dr Benjamin Spock's "Common Sense Book of Baby & Child Care" published. | 2008 - "The Dark Knight" directed by Christopher Nolan, starring Christian Bale and Heath Ledger, premieres in New York |
| 1853 - New Zealand holds its first general election. | 1951 - 1st colour telecast of a sporting event (CBS-horse race). | 2012 - Floods on the Japanese island of Kyushu kill 20 and displace 250,000. |
| 1865 - Whymper, Hudson, Croz, Douglas & Hadow 1st to climb Matterhorn. | 1953 - 1st US National monument dedicated to a Negro - George Washington Carver. | 2014 - The Church of England votes in favor of allowing women to become bishops. |
| 1868 - Alvin J Fellows patents tape measure. | 1959 - USS Long Beach, first nuclear powered cruiser launched at Quincy, Mass. | 2015 - Scientists from the Large Hadron Collider announce the discovery of a new particle called the pentaquark. |
| 1891 - John T Smith patents corkboard. | 1965 - Australian Ronald Clarke runs world record 10k (27:39.4). | |
| 1902 - The Campanile in St Mark's Square, Venice collapses, also demolishing the loggetta. | 1986 - Paul McCartney releases "Press". | |
| 1914 - 1st patent for liquid-fueled rocket design | 1986 - Richard W Miller became 1st FBI agent | |

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• PUBLIC NOTICES •

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ANNUAL GENERAL MEETING – ALLORA SHOW SOCIETY - Sunday, 31st July 2016, 2.00pm at Showgrounds. All positions declared vacant. Nominations for all executive positions to be sent to: The Secretary PO Box 99, Allora, Q. 4362 by 5.00pm Friday 29th July. All welcome to join us for afternoon tea following the meeting.
Robyn Westerman (Hon. Secretary)

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Scots Presbyterian Church - Allora
THIS SUNDAY AT ALLORA - Service/Sunday School at 9.30am.
TUESDAY - Ladies Bible Study at 10.00am.
WEDNESDAY - Bible Study at 7.00pm, at the church.
MENS BREAKFAST - Last Saturday in each month, 7.20am.
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• SOLUTIONS •

THIS WEEK'S SUDOKU SOLUTION

6	9	8	3	4	7	2	5	1
7	1	4	5	2	9	8	6	3
3	2	5	8	6	1	7	9	4
2	8	1	6	7	5	4	3	9
9	3	7	1	8	4	6	2	5
4	5	6	2	9	3	1	8	7
8	7	3	4	5	2	9	1	6
1	4	2	9	3	6	5	7	8
5	9	6	1	7	8	3	4	2

CSIRO DOUBLE HELIX QUIZ ANSWERS

1. True. Krypton is element 36, a noble gas that originally came from space. A meteoroid is a Kuiper belt, out past the orbit of Neptune.
2. a) Makenake is in the space rock in space, and when it flashes through the sky it becomes a meteor. b) The Five hundred metre Aperture Spherical Telescope is being built in southwest China.
3. The largest carnivorous marsupial in Australia is the Tasmanian Devil.
4. b). A meteorite is a rock that originally came from space. A meteoroid is a space rock in space, and when it flashes through the sky it becomes a meteor.
5. The Five hundred metre Aperture Spherical Telescope is being built in southwest China.

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Allora State School Chaplain Brooke Gray being presented with her new lap top computer by school principal Shaun Kanowski.

New Laptop for School Chaplaincy Committee

The local chaplaincy committee appreciates the funding for the new laptop which was provided by the Southern Downs Regional Council Community Support Program.

Allora folk have generously supported school chaplaincy for over 15 years and the local committee hopes that support will continue at this years annual chaplaincy dinner on 25 July.

With a theme of Christmas in July the night commences at 6.30pm in the school hall, please ring Estelle 4666 6167 or Don 0428 964 154 to reserve your seat.